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Editorial...



A Summer of Learning, Creativity & Connection

This issue of TownParle captures the vibrant spirit of summer through a diverse mix of stories, events, and achievements from across Vile Parle. From engaging summer camps in music, dance, drama, and science to workshops like Science Fiesta 2026 and speech & drama training, the focus is clearly on nurturing young minds beyond classrooms. Alongside, we celebrate inspiring student achievements - from national-level gymnastics selections to outstanding performances in global mental maths competitions.

Beyond events and achievements, this issue also brings thoughtful reads. A nostalgic piece on summer vacations—then and now reminds us of the simple joys of childhood, while features on child development and day care highlight the importance of nurturing environments. Articles on connecting with nature and mindful living encourage us to slow down and reconnect in today's fast-paced world. We also explore modern lifestyle topics like smart home design and practical urban solutions such as waste management for better living.

Adding to this, a thought-provoking story on priorities and decision-making highlights how everyday choices shape values, teaching young minds the importance of balancing desires with responsibilities.

While structured activities and learning opportunities are growing, the true essence of summer still lies in freedom, curiosity, and connection.

As we bring together these stories, one message stands clear—this summer, let children not just stay busy, but *grow, explore, and create memories that last a lifetime.*

CHANDA MANTRI

Editor - Townparle.in

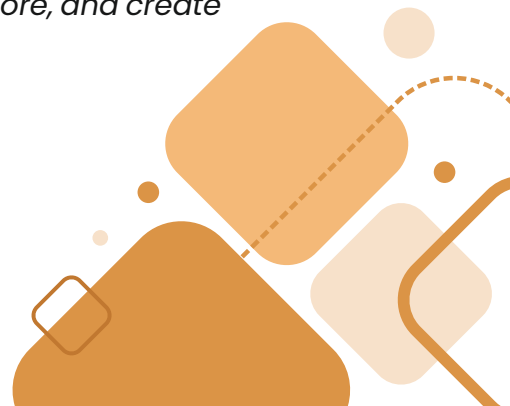


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URBAN WASTE MANAGEMENT...



Ar. Rashmi Phulkar

Phulkar & Phulkar Architects
(Practicing Architect, Vile Parle E)

With the ever growing urban waste, especially in cities, it has become a matter of challenge for authorities firstly for its correct disposal without supplementing much on the already taxed environment and secondly how supremely we can biodegrade it within the same premises.

The most recognizable and constructive way to manage waste is by way of segregation of dry waste and wet waste. As we all know this is made mandatory by the municipal authorities. All dry waste is to be separated in each home and it is to be collected separately and recycled. This is easily bought by our scrap dealer located at corners of our neighborhood. Similarly all wet or organic waste can be composted to form nutrient rich fertilizer within our

premises that can be mixed back to our mother earth.

It is the most effortless way to give the natural ingredients back to the soil and enrich it. Advantage of this is that every society who effectively segregates and composts can avail appreciating certification from municipal authorities and future consideration for rebate in the property tax assessment. This is a reward for making segregation job easy and labor free.

One such example of society which has availed such subsidy is our Datta Niwas Co-op. Hsg. Society Ltd. on Ajmal Road, in Vile Parle east. Here we are following a routine for

past 8 years, to convert the collected wet waste effectively into a rich natural fertilizer.

The requirements for this are manageable. Two concrete bins of 3ft high, 2ft wide and 1.5ft depth are built in one corner aligning to the compound wall. These bins have perforations about 1 inch dia at intervals to allow moisture to escape. Bins are





Aluminum Covers for Bins



Bins Protected from Rains Aligned to Compound Wall

covered on the top with aluminum openeable shutters to access the collection point of the bins. The bins are sheltered from the top with poly carbonate sheet to protect from rains. One bin collects organic waste for a month. Then a handful of

Compost is thoroughly mixed by careful stirring. By the time the waste decomposes

and settles in this bin, the other bin is filled. By the end of the second month the decomposition converts the organic waste into a rich nutrient fertilizer. This we share with plants within our premise and also to trees within our locality. This duty is shared by our daily sweepers and with combined efforts of segregation by members of society. ●●●



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TEST YOUR **HUMAN-NATURE** RELATIONSHIP

— - Ruchi Adlakha — -

The month of MAY brings with it the MIGHT to move back to our origin; i.e. Mother Nature.

The rising temperature and the vacationing kids give us the much-needed opportunity to focus on improving our connect with Nature; the **HUMAN-NATURE RELATIONSHIP**.

A relationship that goes beyond all. A bond that stays unaffected by time and technology. A connection, rather an inter-connection that teaches us adaptability; an important life skill.

While living in an urban setting, we are constantly in a state of being busy. This leads to not just nutrient

deficiencies in our body but also a deficiency that cannot be made good by popping in tablets or correcting our food habits. It is the deficiency of nature.

Author Richard Louv termed this as '**NATURE DEFICIT DISORDER**' in his famous book 'Last Child In The Woods'. This disorder



increases as we continue to live in the paradox. The paradox which is self-created by us; humans.

There are a thousand things that we complain about in a day. One thing that we constantly complain about is the pace of our life. It is a paradox that we complain quite boastfully. Perhaps because, being busy is being valued today. This is why perhaps, when we have an opportunity to choose between fast and slow, we are more likely to choose a faster pace. The need to feel valued in an ever-evolving world takes over the desire to pace down with nature. Mostly while being on a fast-paced journey, we compromise our bond with nature. Because nature never rushes through its deeds.

Imagine nature rushing through the seasonal change. Imagine if nature decides to cancel the pre-monsoon showers and just crash through our lives with heavy floods.



What if trees drop their fruits pre-maturely, would we be able to consume as many fruits pre-season or store and distribute them without damage?

What if the river beckons to acknowledge the presence of rocks and crashes through our world?

If nature takes the impatient and insensible route to deeds and accomplishments, our world would definitely come crashing.

Isn't this a gentle reminder that long-lasting success and gratification cannot be accomplished by fast-paced actions? We need to pace down our deeds and actions to be able to work harmoniously with nature. Harmony in terms of doing things at a natural pace. Harmony that comes by taking small steps. Steps that are more steady and powerful in our growth as compared to those rushed ones that lead to success quite fast.

Because a fast-track path leads to success that tends to fade faster.

As it fades, WE FEEL THE NEED TO HEAL.

Our healing process is mostly about lifestyle correction and stress management. Ironically the path that we choose to achieve this, is mostly fast-paced too. It includes unnatural ways of changing food habits and making forced food choices leading to fast and shimmering results. But sadly it weakens our bond with nature.

Because FAST IS NEVER NATURAL.

As our bond with nature weakens, it starts reflecting on our mental health. That's when we scout and head to a place where nature blossoms abundantly and to its purest form. If it is the peak summer in May, people move closer to the mountains.

As they ascend in altitude, the temperature dips and the liveliness quotient rises.

The month of May not just encourages tourism but pushes people to move out of their urban settings to move back to their roots and connect with nature and heal. As they heal, the way they think, feel and respond to other people changes. It is amazing to see how our bond with nature reflects upon all

our relationships; personal and professional.

Wondering how?

It is well known that nature has a role to play in human survival and development. Nature not just helps us re-energise ourselves and calm our anxiety but foster our curiosity.

Isn't seeing thousands of birds migrate to India during summer without GPS and still not losing their way magical?

Do we not wonder how leaves grow in thousands of different shapes, colors and textures without a strategy and planning? Do we not feel wonderful smelling vibrant blooms radiating amidst dense forest where human life is scant awe-inspiring? This feeling of awe is what keeps us lively. The day we stop wondering why, we would stop exploring. And the day we stop exploring, we would enter a monotonous circle of doing things and feel less buoyant.

To better understand, here's quoting an excerpt from an article in HBR mentioning a University of Michigan psychologist Ethan Kross who defined AWE as "the wonder we feel when we encounter something powerful that we can't easily explain." Often the things which bring us awe have an element of vastness and



complexity. Experiencing something bigger than us keeps us grounded and also push us to think beyond the usual. And as far as we are motivated to think beyond the usual, we are inspired to live and not just survive.

We recently visited Madikeri, more popularly known as Coorg, famous for its coffee plantations and everything around it. The green woody slopes, colourful scenery, misty mountains, cascading falls, dense tropical forest, coffee and spice plantations helped us refresh all our five senses.

Seeing hundreds of thousands of Silver Oak trees standing tall and steady for hundreds of years helping the coffee plantations survive better.

Seeing the leaves shy away even before the raindrop touches them. Enjoying the aroma of coffee plantation. Tasting local spices and fruits. Listening to migratory birds and enjoying the tree branches dance to the tune of wind and squirrels.



Touching the water cascading through the valley and walking through a stream of fresh water. All this and much more made us awe-inspired by the untouched natural beauty of Madikeri.

It helped us move out of our social media rabbit hole and calm down. It helped us concentrate on our immense inner power to be humble to the universe around including our fellow humans. It also made us wonder how in nature, nothing repeats exactly the same. Every single tree in the forest was unique in its shape and structure. The sound of the wind wasn't same as the previous time ever.

It taught us the biggest life lesson; However much a green cover we grow around us, we need to keep going back to nature in its purest form to ensure our curiosity never settles and we always are powered to live.

May is mighty! Nature is mightier than everything else!!





SUMMER VACATIONS

FUN TIMES! SUNNY ADVENTURES!

Then & Now

A Nostalgic Journey for Today's Kids

- Rashmi Mavlankar

Summer vacations have always held a special place in every child's heart. But if you ask someone who grew up in the 80s or 90s, their eyes light up with a different kind of sparkle—a mix of freedom, simplicity, and pure joy that feels almost magical today.

Back then, summer wasn't about schedules, classes, or screen time limits. It was about losing track of time.

The Summer of the 90s – Simple, Raw, and Beautiful

For most kids in the 90s, summer vacation meant one thing first: going to native places. Whether it was a village in Konkan, a town in Satara, or grandparents' home somewhere quieter than Mumbai, it felt like entering another world.

Mornings began early—not because of alarms, but because of sunlight streaming through windows and the





sound of birds. There were no mobile phones, no Netflix, no constant notifications. Instead, there was **freedom to explore.**

Kids spent hours playing:

- Gully cricket with makeshift wickets
- Lagori, kho-kho, hide and seek
- Cycling endlessly without any destination

Afternoons were slower, but never boring. A ceiling fan, a mat on the floor, and a group of cousins playing **Carrom, Cards, or Board Games like Ludo and Snake & Ladder.** Sometimes, storytelling sessions with grandparents would transport children into mythological worlds or family histories.

And then came the small joys:

- Eating raw mangoes with salt and chilli
- Waiting for ice cream vendors or gola-walas
- Climbing trees (sometimes getting scolded for it!)



- Writing letters to friends instead of texting

There was boredom too—but that boredom often turned into creativity. Kids invented games, built things, imagined stories. Summer was not consumed; it was **created.**

Summer Today – Structured, Digital, and Fast

Fast forward to today, and summer vacations look very different. Children are more connected—but often less engaged with the physical world.

Vacations now often include:

- Summer camps (dance, coding, robotics)
- Screen time (mobile games, YouTube, OTT platforms)
- Indoor activities due to heat or safety concerns

While these options are not bad—in fact, they offer exposure and skill-building—they sometimes miss the unstructured magic of earlier times.

Today's children are growing up faster, but sometimes missing out on slowing down.

Bridging the Gap – What Kids Can Do Today

The idea is not to go back in time, but to **blend the best of both worlds.**

Here are some meaningful ways kids can enjoy summer vacations today—with a touch of nostalgia:

1. Create “No-Screen” Time Blocks

Set aside a few hours daily where kids stay away from screens. Encourage them to

play traditional games or even invent their own.

2. Reintroduce Outdoor Play

Even in a city like Mumbai, kids can:

- Play in society compounds
- Visit parks in the evening
- Try cycling or simple sports

These activities build not just fitness, but friendships and confidence.

3. Experience Simple Pleasures

Let kids enjoy:

- Seasonal fruits like mangoes, watermelon, kokum drinks
- Making homemade ice creams or aam panna
- Visiting local markets with parents

These small experiences stay as lifelong memories.

4. Connect with Elders

Encourage children to spend time with grandparents or older family members. Listening to their stories can be more enriching

than any digital content.

5. Encourage Creativity

Instead of structured classes all the time, allow free creativity:

- Drawing, storytelling, journaling
- DIY crafts or simple home experiments
- Building something with their hands

6. Plan Short Trips

Even a 1–2 day trip to nearby places like Lonavala, Alibaug, or a village can give kids a break from routine and exposure to nature.

The Real Essence of Summer

Whether it was the 90s or today, the true essence of summer vacations lies in freedom, joy, and connection.

The 90s gave us:

- Simplicity
- Imagination
- Strong human connections

Today offers:

- Opportunities
- Learning exposure

- Global awareness

The goal is not to compare, but to **combine**.

Let children:

- Get bored sometimes
- Play in the mud once in a while
- Laugh without filters

And create memories that don't need to be posted online

Because years later, what they will remember won't be the levels they cleared in a game—but the afternoons spent laughing with cousins, the taste of mangoes in summer heat, and the feeling of a vacation that truly felt like a break.

Final Thought

Summer vacations are not just holidays—they are childhood in its purest form.

And maybe, just maybe, if we bring a little bit of the 90s back into today, we can give children something priceless: **a summer they will remember for life.**



PANNALAL LOHE DAY CARE CENTRE

Four Decades of Nurture, Trust, and Timeless Values



The Pannalal Lohe Day Care Centre, run by the Bombay Mothers and Children Welfare Society, has been a trusted and cherished name in Vile Parle for over four decades. What began as a modest single-storey structure has, under the steadfast vision of Dr. Madhav Sathe, evolved into a thriving four-storey centre—standing as a testament to commitment, care, and quiet perseverance.

A practising anaesthesiologist associated

with Breach Candy Hospital, Bombay Hospital, and SportsMed Mumbai, Dr. Sathe took charge of the parent organisation as Joint Honorary Secretary in 1985, at the age of 35, when it was on the brink of closure. Over the past forty years, his leadership has not only revived the organisation but has also strengthened its foundations, enabling it to serve generations with integrity and purpose.

Among its many initiatives, the Pannalal Lohe Day Care



Dr. Madhav Sathe

Jt Honorary Secretary
The Bombay Mothers and Children
Welfare Society

Centre has remained a true home away from home for children of working parents. Families, even from as far as South Mumbai and Prabhadevi, have chosen this centre for its unwavering reputation for care that mirrors the warmth and attentiveness of one's own home. Today, the centre proudly nurtures a second generation—children of its own alumni—reflecting a legacy built on trust.

At the heart of its daily functioning is Mrs. Sunita Parulekar, a name deeply respected in Vile Parle. To the children, she is a reassuring grandmotherly presence—guiding, nurturing, and shaping young minds with instinctive understanding and boundless affection. Her gift lies in “मुलांना घडवणे”—the art of gently moulding children—ensuring that each child receives care akin to that of a loving grandparent, while playing an immeasurable role in the development of their personality and faculties.

In an age increasingly dominated by technology, the centre consciously preserves the essence of a grounded childhood. Here, children are encouraged to grow as a harmonious blend of traditional values and present-day awareness—rooted, confident, and free from an over-reliance on screens. From the smallest gestures—how a child greets a guest, to how they carry themselves with grace—the focus remains on holistic development.

Creativity flourishes through thoughtfully designed art and craft activities, storytelling, music, and drama—all personally curated by Mrs. Parulekar. She

composes poems, sets them to music, and brings them alive through her own singing, while also writing and directing plays that nurture expression and confidence in children. Festivals, both big and small, are celebrated with equal enthusiasm, instilling cultural awareness and joy.

Children are encouraged to play freely within the

premises, enjoying equipment such as slides, swings, and merry-go-rounds—simple pleasures that are becoming increasingly rare today.

Complementing this is the introduction of a STEM (Science, Technology, Engineering, and Mathematics) Lab, where children gain hands-on exposure to scientific concepts through practical experiments, fostering

Camp, a five-day workshop beginning in the first week of May, with new batches commencing every Monday. Designed to help children articulate their thoughts and emotions through various art forms, the camp enhances concentration, reduces screen time, and encourages independent thinking. Parents are welcome to visit the centre for further details and admissions.



Behind this seamless functioning stands Dr. Sathe's quiet and unwavering support—his presence felt not in overt display, but in the strength and stability he lends to every member of the organisation.

The Pannalal Lohe

curiosity without the burden of academic pressure. A specialised teacher from Pune conducts these sessions for children aged six years and above, with dedicated batches held over weekends. Parents may visit the centre to inquire and enrol their children for these sessions.

The centre also conducts summer programmes, including an Expression

Day Care Centre welcomes children from 6 months to 10 years of age, operating Monday to Friday from 8:00 a.m. to 7:00 p.m., and Saturdays from 8:00 a.m. to 5:00 p.m.

For those seeking a space where childhood is respected, nurtured, and allowed to unfold in its truest sense—this is where it quietly continues to thrive.





**EVERY "YES"
CARRIES A COST.**



**EVERY CHOICE
SHAPES THE NEXT.**



Prakash Joshi

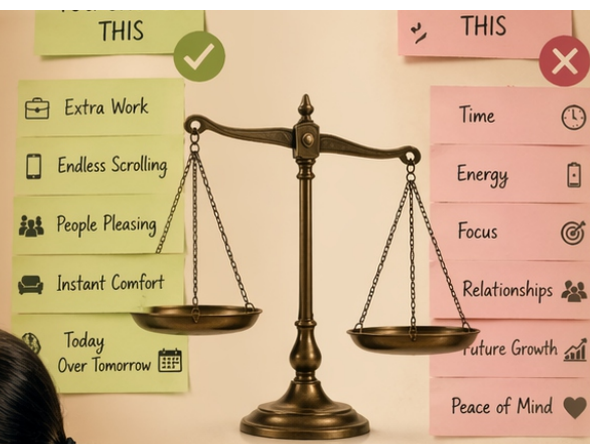
(Ex-Banker & Freelance Educator)

CORE THEME

April teaches the daughters that priorities are not a one-time decision – they are chosen daily. Every “yes” carries a cost. Every choice shapes the next. And in life, you can afford anything... but you cannot afford everything.

BRIEF INTRODUCTION

April in Mumbai is a season of contradiction. Half summer, half stormy whispers, full humidity. Schools wind



**IN LIFE,
YOU CAN AFFORD
ANYTHING...
BUT YOU CANNOT
AFFORD EVERYTHING.**



APRIL-PRIORITIES
CHOOSING WHAT TRULY MATTERS

A VILE PARLE (EAST) STORY
THE JOSHI FAMILY
(SEASON 2026)

PURPOSE THREAD
TEACHING DAUGHTERS HOW TO CHOOSE
WISELY WHEN EVERYTHING FEELS IMPORTANT

down, colleges breathe out, and offices tighten up with the pressure of the financial year. Inside the Joshi household in Vile Parle (East), April 2026 opened with an important shift: it was time for the daughters to learn how to choose what truly matters.

After three months of growing awareness, emotional mastery, and

discipline, Prakash and Seema felt their daughters were finally ready for a deeper lesson – not how to earn or save money, but how to prioritize. Because life doesn't present choices neatly spaced apart; it throws everything at once. And that's exactly what happened this month.



MAIN STORY

THE MONTH WHERE EVERYTHING HAPPENED AT ONCE

April entered like a movie plot – intense, crowded, and dramatic.

THE FIRST CLASH OF PRIORITIES

On April 4th, Chitra rushed in, breathless.

“Mummy! There’s a two-day media workshop – amazing faculty, internship insights – and I really want to attend. It’s ₹3,500. Seats are filling fast!”

Sneha smirked from the sofa. “Madam is very career-focused today.”

Chitra shot her a look. “It will help my resume, okay?”

Seema heard her with interest. “Sounds good. Let’s discuss with Papa tonight.”

When Prakash returned, Chitra explained the details earnestly.

He listened calmly and then said, “It seems valuable. But before saying yes... we need to consider something else. Your college instalment is due next week.”

Chitra’s excitement froze.

The first clash of the month had arrived – a great opportunity versus a mandatory commitment.

THE SECOND CLASH OF PRIORITIES

Just two days later, Sneha made her announcement.

“Mummy... my school trip to Jaipur got confirmed. Five days! Everyone is going!”

Seema asked the checklist questions – how much, which dates, safety protocols.

Sneha recited honestly, “It’s ₹9,500.”

Prakash nearly dropped his newspaper. “Nine thousand five hundred? For a school trip?”

Sneha’s voice softened. “Papa... it’s my last trip before

junior college.”

Chitra muttered, “Timing could not be worse.”

Two daughters. Two desires. Both meaningful.

The money was not unlimited – and April was getting crowded.

THE THIRD CLASH OF PRIORITIES

On April 8th, the refrigerator began making sounds that resembled a frustrated autorickshaw.

Seema sighed, “Not again... first washing machine, now this?”

The technician arrived, inspected it, and delivered the signature verdict:

“Compressor weak. Repair ₹4,000. Replacement ₹28,000.”

Prakash nearly spilled his tea.

Chitra groaned, “Why do appliances choose emotional months to fall apart?”

Sneha added, “Honestly, our home needs counselling.”

Everyone laughed, but the situation wasn’t funny. Three priorities crashed into each other:

- Chitra’s career workshop – ₹3500
- Sneha’s school trip – ₹9500
- Refrigerator repair – ₹4000 minimum

The family had to choose.

THE FAMILY DISCUSSION THAT CHANGED EVERYTHING

On April 9th, they sat together after dinner — no tension, no arguments, just honesty.

Prakash began, “Girls, life often makes everything happen at once. We can’t choose all three. We must decide what matters most — not emotionally, but logically.”

Seema added, “This is what adulthood looks like. Not restrictions — choices.”

Sneha swallowed. “So someone has to sacrifice?”

Chitra replied softly, “Maybe not sacrifice... maybe teamwork.”

Prakash’s face glowed with pride. “Exactly.”

The whole family felt more focused, more intentional, more peaceful.

THE BREAKDOWN OF REAL PRIORITIES

They made a simple three-column chart on the dining table.

Chitra’s Workshop: ₹3500

- High career value
- Time-sensitive
- Reasonable cost
- Useful long-term
- Low emotion

Sneha’s School Trip: ₹9500

- Moderate educational value



- High emotional value
- Expensive
- Fun, not essential
- Not time-critical

Refrigerator Repair: ₹4000

- Non-negotiable
- Essential household need
- Immediate impact
- Zero emotional weight
- Life stops without it

Sneha looked at the chart and whispered, “So the fridge has to come first.”

Chitra agreed instantly.

Prakash said, “And that is what priorities look like — emotional desires versus practical necessities.”

THE UNEXPECTED GROWTH OF THE DAUGHTERS

The daughters surprised everyone.

Surprise 1: Chitra’s Maturity

Chitra said, “I still want the workshop. But I can contribute. I earned ₹1200 from my freelance

assignment. I’ll put that in.”

Seema’s eyes softened. “I’m proud of you, beta.”

Surprise 2: Sneha’s Grace

Sneha looked conflicted but steady.

“I want to go... but maybe I can skip this one. It’s not career related. It’s just fun. I’ll be sad for some time... but I’ll live.”

Prakash asked gently, “Are you sure?”

Sneha nodded. “Yes. The fridge is more important than Jaipur.”

The humour softened the sacrifice, but the maturity was real.

Surprise 3: Sister Teamwork

Chitra hugged her sister. “Next time, Sneha gets priority first.”

Sneha squeezed her hand. “Done deal.”

This was not just a financial lesson — it was emotional maturity taking shape.



THE FINAL DECISION

On April 10th, the family finalized their choices:

- ✓ Repair the refrigerator-essential
- ✓ Chitra attends the workshop-co-funded
- ✓ Sneha postpones the trip

Remarkably, everyone felt peaceful-not because all wishes were fulfilled, but because the family chose together, wisely and unitedly.

THE BEAUTIFUL AFTERMATH

The rest of April brought quiet victories.

• Chitra's Growth

She attended the workshop, took detailed notes, interacted confidently, and returned home energized.

"Mummy, Papa... this was worth it. Thank you."

• Sneha's Growth

She processed her disappointment gracefully. By mid-month she said, "You

know, I feel more grown up. Earlier I'd cry. Now I feel... responsible."

• Prakash's Pride

He saw his daughters turning into thoughtful decision-makers.

"They're becoming the women we always hoped they would be," he told Seema.

Seema's Insight

She felt something profound settle into her heart.

"Girls don't become MoneySmart by being given everything.

They become MoneySmart by choosing."

THE FINAL LESSON OF APRIL

At the end of the month, they gathered again.

Prakash asked, "What did April teach us?"

Chitra: "Every YES costs something. Choose wisely."

Sneha: "Sometimes saying NO to yourself is the biggest maturity."

Seema: "Family becomes

stronger when priorities align."

Prakash: "Priorities protect dreams better than money does."

FTWC FROM THIS WE CONCLUDE

April teaches a priceless truth:

You can afford anything — but not everything.

Life always presents multiple desires, opportunities, needs, and temptations at once.

The wise choose, the emotional react, the strong pause, the mature evaluate, and the MoneySmart prioritize.

Chitra and Sneha discovered that prioritizing isn't losing — it is winning intelligently.

And when daughters learn the art of choosing well, they become women who can shape their futures — not just survive them.





2026 HOME DESIGN TRENDS

SMART, STYLISH & SPACE-SAVVY LIVING FOR VILE PARLE HOMES

- Aarti M.

As Vile Parle continues to evolve with new developments, redeveloped buildings, and modern apartments, homeowners are increasingly looking for interiors that are not just beautiful—but also practical, efficient, and future-ready. In 2026, interior design is all about smart use of space, clean aesthetics, and personalized living. Whether you are moving into a new flat or renovating your existing home, here are the latest trends that can help you transform your space into a modern, functional haven.

Smart Space Planning is the New Luxury

With compact apartments becoming the norm in Mumbai, especially in areas like Vile Parle, the focus has shifted from size to smart space utilization. Every square foot matters.

Designers are now creating:

- Multi-functional furniture (like foldable dining tables, sofa-cum-beds)
- Wall-mounted storage solutions
- Hidden compartments and modular units

The idea is simple—maximize usability

without cluttering the space. A well-planned 2BHK today can feel more spacious than a poorly designed larger home.

Modular Kitchens Continue to Rule

The kitchen remains the heart of the home, and in 2026, modular kitchens are not just a trend—they are a necessity.

Modern kitchens now focus on:

- Sleek finishes with handle-less cabinets
- Soft-close drawers and smart storage accessories



- Built-in appliances for a seamless look
- Easy-to-clean surfaces like laminates and acrylics

Color trends are shifting from plain whites to pastel shades, matte finishes, and dual-tone combinations like teal with white or beige with wood textures.

For Vile Parle homes, where kitchens are often compact, modular designs help in creating a clutter-free, efficient cooking space.

Warm Minimalism: Less is More (But Better)

Minimalism is evolving into what designers call “warm minimalism.” Instead of plain, cold spaces, homes now feature:

- Neutral color palettes with warm undertones
- Subtle textures like wood, fabric panels, and soft lighting
- Clean lines with a cozy feel

The focus is on quality over quantity—fewer elements, but each thoughtfully chosen.

Earthy & Natural Elements

In 2026, there is a strong shift towards bringing nature indoors. This includes:

- Wooden finishes and natural veneers
- Indoor plants and green corners

- Stone textures and earthy color palettes
- These elements not only enhance aesthetics but also create a calming and refreshing environment, which is especially important in busy city life.

Smart Storage Solutions

Storage is one of the biggest challenges in urban homes. The latest trend is invisible and intelligent storage.

Think:

- Floor-to-ceiling wardrobes
- Loft storage integrated into design
- Pull-out units in kitchens
- Under-bed storage systems

The goal is to keep the home organized while maintaining a clean, uncluttered look.

Personalized Corners & Multi-Use Spaces

Homes are no longer just for living—they are now workplaces, relaxation zones, and creative spaces.

In 2026, many homes feature:

- Compact home office setups
- Study corners for children
- Vanity or hobby spaces
- Reading nooks by the window



Especially in Vile Parle, where families often share spaces, designing multi-purpose zones helps in making the home more functional.

Statement Lighting & Subtle Decor

Lighting has become a key design element rather than just a utility. Popular choices include:

- Pendant lights over dining areas
- LED strip lighting in kitchens and wardrobes
- Warm ambient lighting for living rooms

Decor is kept minimal but impactful—one statement wall, a piece of art, or a unique light fixture can define the entire space.

Sustainable & Practical Choices

Homeowners today are more conscious about sustainability. Materials that are:

- Durable
- Low maintenance
- Environment-friendly

are gaining popularity. Long-lasting designs that don't require frequent changes are becoming a smart investment.

Renovation is the New Trend

Interestingly, not everyone is moving into new homes. Many Vile Parle residents are choosing to renovate and upgrade their

existing spaces.

Simple upgrades like:

- Changing kitchen layouts
- Adding modular storage
- Updating colors and lighting

Can completely transform an old home into a modern one—without the need for major structural changes.

Final Thoughts

The interior trends of 2026 are not about following a fixed style—they are about creating a home that reflects your lifestyle while making the best use of available space.

For Vile Parle residents, where space is valuable and life is fast-paced, the focus should be on:

- Smart planning
- Functional design
- Clean aesthetics

A well-designed home is not just visually appealing—it makes everyday living smoother, more comfortable, and more enjoyable.

As more homeowners embrace these modern ideas, local interior experts and designers are playing a key role in bringing these concepts to life—helping transform houses into truly beautiful homes. ●●●

Parle Tilak Vidyalaya Association Organises Summer Camp for Students

Parle Tilak Vidyalaya Association
Organized -

SUMMER CAMP
Music | Dance | Theatre Workshops
- Miti Group with cooperation -

- Ways to understand your child's artistic interests and evaluate their progress!
- Nurture creativity and enhance personality development!
- Let your child step away from mobiles and explore the world of performing arts!

For admission: 9082078204
3 May to 13 May 2026
Parle Tilak Vidyalaya English Medium School Hall

Each Student will get an opportunity to present their artistic performance on the final day of the workshop

Music Workshop (10:00 AM – 1:00 PM)
 • Learn the basics of sur & taal and experience the joy of singing.
 • Preparation of 8–10 beautiful songs for performance.

Acting Workshop (10:00 AM – 1:00 PM)
 • Body language, expression training, and communication building games to remove stage fear.
 • Introduction to improvisation and creative acting, culminating in a short play performance.

Dance Workshop (2:00 PM – 5:00 PM)
 • Exposure to different dance styles and confident stage presentation.
 • Dance fitness techniques and choreography on 8–10 songs.

that while a profession helps one survive, art teaches how to truly live, the initiative focuses on nurturing creativity, confidence, and a positive outlook among students.

The Music workshop will cover basics of rhythm and melody along with performance preparation. The Acting workshop will focus on body language, expression, and communication skills, while the Dance workshop will introduce students to various dance styles and fitness-based routines. Participants will also get an opportunity to showcase their talent at the end of the camp.

The camp will be held from **May 3 to May 13, 2026, at the Parle Tilak Vidyalaya English Medium Hall**. For registrations, contact: **9082078204**.

The camp is exclusively open to students from PTVA-managed schools.



Parle Tilak Vidyalaya Association has announced a special **Summer Camp** for students during the vacation, aimed at promoting holistic development through arts. The camp will feature three engaging workshops — **Music, Acting, and Dance**.

Inspired by the thoughts of renowned writer and alumnus **Pu. La. Deshpande**, who believed

Sathaye College to Host 'Science Fiesta 2026' Summer Workshop

Parle Tilak Vidyalaya Association's Sathaye College (Autonomous), in association with **Janaseva Samiti**, has announced **Science Fiesta 2026, a Summer Vacation Workshop** aimed at encouraging scientific curiosity among students.

Open to students of **Std. 6th to 8th**, the workshop will be conducted from **April 15 to May 7, 2026, between 2 PM and 6 PM at Sathaye College, Vile Parle (East)**.

The program will include

Parle Tilak Vidyalaya Association's SATHAYE COLLEGE (AUTONOMOUS)
In Association With
JANASEVA SAMITI Vile Parle
ORGANISES
Science Fiesta
Experiments • Explore • Enjoy

Summer Vacation Science Workshop for Children
Schedule of Workshops

Date	Topic	Faculty Name	Time
15 th -17 th April 26	Fun with Physics	Dr. Shresh Pathare	2-6 pm
24 th -26 th April 26	Fun with Botany	Dr. C. S. Lattoo	2-6 pm
27 th -29 th April 26	Fun with Acterology	Smt. Radha and Team	2-6 pm
2 nd -4 th May 26	Fun with Astronomy	Mr. Rohit Dugal	2-6 pm
5 th -7 th May 26	Fun with Maths	Dr. Medha and Team	2-6 pm

Registration Fees: ₹1500/Topic
Limited Seats!

- ★ When: Children of 6th, 7th, and 8th standards
- ★ When: 15th April 2026 to 07th May 2026
- ★ Timings: 2 PM to 6 PM
- ★ Language: English & Hindi
- ★ Venue: Sathaye College (Autonomous), Dixit Road, Vile Parle (East)

For Registration Scan the QR code and for more details contact: 7972889763

engaging, hands-on sessions such as **Fun with Physics, Botany, Archaeology, Astronomy, and Maths**.

The participation fee is **₹1500** per topic, and seats are limited. Interested participants can register by scanning the **QR code or contacting 7972889763**.

The initiative aims to provide students with an interactive learning experience, combining education with exploration and fun.



VPMS Orion ICSE School Students Shine at Global Mental Maths Olympiad 2026



ARIN AROSKAR



SARVAM VORA



SWAJIT SAKPAL

VPMS Orion ICSE School has recorded a proud achievement as its students delivered outstanding performances at the **Global Mental Maths Olympiad 2026** held in Mumbai.

Arin Rohit Aroskar, a student of **Grade 2 (Mars)**, secured **4th rank** in the **Addition Subtraction Sprints Challenge** by solving **71 questions in just 2 minutes** with a **score of 578**. He also

achieved 9th rank in the **Standard Mandatory Challenge**, scoring **976** by solving **100 questions in 4 minutes 13 seconds**.

Master Sarvam Vora of **Grade 3 (Mars)** excelled in the **6–8 years Challenger Category**, securing **1st rank with 100% accuracy** by solving **100 sums** in an impressive **3 minutes 8 seconds**. He also secured **3rd rank in the challenge of**

solving the maximum number of sums within 2 minutes.

Adding to the accolades, **Mast. Swajit Mahesh Sakpal** of **Grade 6 (Mars)** secured **13th rank** in the **Master Category – Standard Mandatory Challenge**, completing **100 questions in 11 minutes 31 seconds**. He also achieved **21st rank** in the **Addition and Subtraction Sprint Challenge**.

The school has congratulated all three students for their remarkable achievements, calling it a proud moment for the institution and their parents.



Summer Workshop on Speech & Drama to Boost Kids' Confidence in Vile Parle

Ku. Krishnabai Khambadkon Balak Palak Margdarshan Kendra, in association with renowned artist **Sandhya Oka** and team, has announced a **Speech and Drama Workshop** for children to enhance communication and personality development skills.

The workshop will be conducted from **May 4 to May 15, 2026 (Monday to Friday)**, with a stage

performance scheduled on **May 16**. Sessions will be held from **10 am to 12 pm** at **Nadkarni Bal Kalyan Kendra**,

Vile Parle (East).

The program aims to develop expression, stage presence, public speaking, voice modulation, and social interaction skills among participants, while also encouraging reduced screen time.

The workshop is open to children above 8 years of age, with a participation fee of **₹3000**. For registrations, contact **9820184727** or **9820004194**.



PTV English Medium Student Selected for National Gymnastics Coaching Camp

Parle Tilak Vidyalaya English Medium School (Secondary Section) has announced a proud achievement as Swati Satish Kanchan Mohite, a student of Std. VI, has been selected by the Sports Authority of India under the TAGG (Target Asian Games Group) Division.

Swati has been chosen for the prestigious Sub Junior National Coaching Camp (West Zone) in Women's Artistic Gymnastics. The camp will be held at the Shri Shiv Chhatrapati Sports Complex,



Pune, from March 31 to April 20, 2026.

Out of several talented participants from across the country, only nine girls have been selected in this category, with Swati being one of them. The school has congratulated her on this notable achievement and wished her success in her future endeavors.

This accomplishment marks a moment of pride for both the student and the institution.



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